



نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

Volume 12, Issue May - June 2014



MESSAGE FROM THE PRESIDENT



The 31st FIMA council meeting is scheduled to be held in Arusha, Tanzania on August 7-8th 2014. The local host organization is Sunshine Muslim Volunteers of Tanzania. This year FIMA is holding a joint scientific convention in collaboration with IMANA (Islamic Medical Association of North America) on 9-10th August, 2014. It will be followed by sightseeing program including a Safari tour. Tanzania is one of an exclusive tourist destination attracting thousands of lovers of nature every year. It has abundance of the exceptional beauty of exquisite jungles, wildlife and game reserves. It is home to

Continued on Page 04

FIRST MEETING OF GLOBAL ISLAMIC ADVISORY GROUP ON POLIO ERADICATION HELD IN OIC HEADQUARTERS IN JEDDAH

Islamic Advisory Group (IAG) held its first meeting last month on polio eradication at the Organization of the Islamic Cooperation(OIC) headquarters in Jeddah to review the global polio situation, particularly in polio-endemic, predominantly Muslim countries where the disease continues to strike and cripple Muslim children.

The two-day meeting was

organized by the International Islamic Fiqh Academy in cooperation with the WHO, the OIC, the Islamic Development Bank (IDB), the IAG and UNICEF with the aim of providing high-level global leadership and guidance for building solidarity and support for polio eradication across the Muslim world. The opening session was attended by Iyad Madani, secretary-general of the OIC; Ahmed Mohammed



Editor in Chief Dr. Tanveer Zubairi, President, FIMA - **Editor** Dr. A. Rashid A. Rahman, Secretary, FIMA
Managing Editor Dr. Aly Mishal Executive Director, FIMA, **Assistant Editor** Sajjad Saleem

Ali, president of IDB; Abbas Shuman, deputy of Al-Azhar; Ala Alwan, regional representative of WHO & Sheikh Saleh bin Abdullah, chairman of the International Islamic Fiqh Academy.

Sheikh Abdullah said at the opening of the session that the main aim of this meeting was to consult, exchange views and to reaffirm support of the Islamic community and leadership in polio eradication and trust in the safety and effectiveness of vaccination. Nearly the entire Muslim world is now polio-free.

“Polio is being fought by governments, associations, WHO and individuals, as it is a subject of major concern. I am confident that today's meeting will bring fruitful results as it is taking place in the interest of the Muslim Ummah

and the Islamic Shariah legislation for the benefit of mankind. All efforts made by the scholars of Islam are in the interest of mankind,” he said.

Dr Tanveer Zubairi President of FIMA who is also a member of the IAG also spoke on this occasion and gave suggestion to implement the Polio eradication initiative in the endemic Muslim Countries. He also extended fullest support of FIMA in combating this challenge and willingness of FIMA to be a part of the end game strategy.

Abbas Shuman, representative of the grand mufti of Al-Azhar, said that Shariah allows the use of drugs to protect against epidemic diseases. The Islamic Shariah has ordered that we protect five key objectives from harm: life, religion, faith, honor and natural

sources.

“It is everyone's duty to protect the life and health of human beings. The attacks on health workers and facilities must be stopped. The health of all children is at risk if health workers and health facilities are attacked so it is everyone's duty to protect children from polio or any epidemic diseases as going against this will be a sin. Therefore, parents should take their children for vaccination,” he said. The Group meeting was attended by more than 50 experts, Government and WHO officials from the Asia and African region.



Organisation of Islamic Cooperation



DR. INTZAR HUSSAIN, DIRECTOR FSV (FIMA SAVE VISION) VISITS SRI LANKA AND MALDIVES

To plan and make preliminary arrangements for the upcoming FIMA Save Vision eye camps, Dr. Intzar Hussain Director FSV visited Sri Lanka and Maldives in the first week of May 2014. During his stay in Sri Lanka he was also invited as a guest speaker in the founding meeting of Serendib Doctors Forum where he introduced FIMA and its different projects and had a multimedia presentation about the activities of FIMA Save Vision. In this first convention of Serendib Doctors Forum male and female doctors from all over the Sri Lanka were addressed by eminent Doctors and Scholars and elections were also conducted at the end to elect the executive body and executive council. Director FIMA Save Vision had meetings with office

bearers of Serendib Foundation Sri Lanka, Health secretary of Sri Lanka Dr. Kanthi, Director Hudson Silva Eye donation bank Janath Saman Matara, Director National Eye Hospital Colombo Dr. Sanath De Silva, different pharmaceutical distributors. He also visited Kuwait Hospital Putalam with director of the hospital Mohammad Rafique and had a detailed visit of the hospital and discussed about the upcoming free eye camp in this hospital in August 2014 where 1000 cataract surgeries will be performed in collaboration with IIRO and capacity building workshop for the ophthalmologists of Sri Lanka will also be conducted.

He also visited Kandy city on his way from Putalam to Colombo

and during this journey different projects of Serendib Foundation like Human Resource Development and Training Centre, Ayesha Siddiqua Educational Institute, Mawanella Institute of Technical Training, Islamic Book House Colombo were visited.

He went to Pakistani High Commission on last day & had a detailed meeting with High Commission officials regarding future activities of FIMA Save Vision in Sri Lanka, and high commission appreciated all these activities and assured of their future cooperation with FIMA Save Vision in Sri Lanka. Director FIMA Save Vision also visited Maldives for a day, where he was hosted by State Minister of



Maldives Mohammad Didi and Mohammad Shaheen Ali, Minister of Islamic Affairs of Maldives and had detailed meeting about FIMA Save Vision activities and they extended their full cooperation for FIMA Save Vision free eye camps in Maldives in future for deserving and poor patients. Dr Intzar

Hussain also visited IGM Hospital Male where he met the ophthalmologists Dr. Fathimath Shaamaly and Dr. Aminath Saleem and Discussed about the free eye camp by FIMA Save Vision in December 2014. During his stay in Maldives, he had meeting with President of

Maldives Medical Association Dr. Safeer and Dr. Maroof where he discussed about the health status of Maldives, and also asked them to establish IMA Maldives. President Maldives Medical Association extended full cooperation in organization of free eye camps by FIMA Save Vision.



REMAINING MESSAGE OF THE PRESIDENT

Kilimanjaro, Africa's highest mountain, and is one of Africa's most popular safari destinations. The country also has dozens of beautiful white sandy beaches and many other attractions to visit.

The annual council meeting of FIMA is a regular, fundamental and imperative feature in its working, which is held every year. This meeting is hosted by a local IMA. Important matters relating to the working of organization are discussed at length by the attending delegates from IMAs including the adoption & review of minutes of previous council meeting. The reports on activities of FIMA by President of FIMA, executive director, treasurer and project directors including FIMA relief, Save-Vision, Save-smile, Save-Dignity, student activities, FIMA year books are presented and future planning is discussed. Another hallmark of annual council meeting is the presentation of reports of individual IMAs and organizations. This helps the office bearers from various IMAs to share and exchange their experiences and know more about their working. Moreover a true spirit of joining FIMA as a fraternity is further strengthened and augmented by spending quality time together. In addition to the office

bearers a number of delegates from the member IMAs also attend the scientific meetings and sessions on CIMCO (Consortium of Islamic Medical colleges) and IHC (Islamic Hospital Consortium) which are conducted as parallel programs on the second day of FIMA council meeting.

The Scientific conventions bring the access to the latest research and clinical knowledge to the participants and are considered as an important source in dissemination of CME (Continued Medical Education). The theme of FIMA-IMANA scientific convention is "Global and demographic challenges". All the interested speakers are requested to send their abstracts to Dr. Ayaz Samdani at HQ@imana.org or approach him directly on phone 001 630 932 0000 for further details. The deadline for abstracts is approaching close. Please expedite the dispatch of abstract at an earliest. I urge all the IMA office bearers to plan ahead for their travelling arrangements. It takes longer to organize international travelling, visa and finalize the accommodation and sightseeing arrangements. Hope to see you in Arusha, Inshallah.

BCI, MACEDONIA HOLDS A WORKSHOP ON "MEDICAL RESEARCH METHODOLOGY AND PAPER WRITING"

BCI organized a seminar regarding academic writing, which left a positive impression on the students and professors. The main speaker was Prof. Dr. Azis K. Pollaozhani, Editor in chief of the international medical journal, Medicus (IMJM), followed by a talk on preparing and delivering an effective presentation. It was followed by a practical session conducted by Dr. Bekim Tateshi. The second workshop was on writing a scientific paper and

features of various study designs. It was mentored by Dr. Irfan Ahmeti. The practical and hands on session was conducted by Dr. Naser Durmishi.

The detailed workshop sessions are available on <https://www.youtube.com/watch?v=Za323XNEZs>. Dr. Besnik Hamiti President of BCI, Macedonia paid his gratitude and tributes to the trainers of the workshop and the participating medical students and doctors.



PIMA (PAKISTAN ISLAMIC MEDICAL ASSOCIATION) HOLDS ITS HISTORIC 26TH BIENNIAL CONVENTION IN ISLAMABAD



HIGHLIGHTS - PIMA Convention

The 23rd international convention of PIMA was held on 5 to 6 April at Jinnah convention centre Islamabad. It was attended by more than 2000 delegates from Pakistan, with delegates from Bangladesh, America, Malaysia, Indonesia and Afghanistan. The basic aim of this 2-day convention was to enlighten doctors with up-to-date knowledge in various fields of medicine, and to guide doctors on character building according to Islamic principles entailed in the Quran and Sunnah.

www.pima.org.pk

[PIMAofficial](#)



The convention started with deliberations of the renowned scholar Khalil ur Rehman Chishti on "Understanding the Quran".

The special guest of the inaugural session was the minister for planning, development and reforms, Prof Ehsan Iqbal. The welcome address was given by the central president PIMA, Dr Misbahul Aziz, who introduced PIMA and highlighted problems being faced by doctors. He expressed concern about increased kidnapping and murder of doctors especially in Baluchistan and interior Sindh. He appealed to the Govt. to provide security to doctors.

HIGHLIGHTS - PIMA Convention

www.pima.org.pk

[PIMAofficial](#)



HIGHLIGHTS - PIMA Convention

Eighteen scientific sessions were arranged by highly experienced doctors who enlightened participants up-to-date in the various fields of medicine. In addition, lectures on Islamic teachings and character building for doctors were also arranged by scholars. The theme of this convention was **وہدیت الحکمہ فقہاوتی خیر اکثر**

www.pima.org.pk

[PIMAofficial](#)



One day before the convention, **6 pre convention workshops**

were held at different institutions of the twin cities in which doctors from hospitals, medical colleges and international delegates participated. Topics of these pre convention workshops were:

- Ethics in Medical Practice: an Islamic Perspective;
- Research Methodology;
- Communication Skills in Medical Education;
- Minimal Invasive Surgery;
- Electrocardiogram and
- Basic Life Support (BLS).

www.pima.org.pk

[PIMAofficial](#)

Prof Ahsan Iqbal in his speech presented the next five year health and education plan. He announced that spending on education and health will be doubled in the next five years and that steps to create awareness about diseases through campaigns would be carried out. He urged doctors to strive for concrete activities so that heart diseases, diabetes and hepatitis etc. are brought under control.



HIGHLIGHTS
PIMA Convention



HIGHLIGHTS - PIMA Convention

The thematic talk was given by former chief secretary of KPK & former chairman Public Service Commission, Mr. Abdullah, a renowned scholar.

He said that in an Islamic society progress in health and education was always achieved through spending in the way of Allah (انفاق). He said that Allah SWT had given standards for the good and bad to all humans. This understanding of what is good and bad is inborn. The person who remembers Allah on all occasions and who keeps this standard in mind all the time is held to be wise. Spending in the way of Allah is a result of this remembrance of Allah on all occasions.



HIGHLIGHTS - PIMA Convention

Doctors took a lot of interest in the **18 scientific sessions** on the occasion of the convention. Altogether 160 speakers were invited, who presented their views on different topics, and answered questions from the participants. . These sessions were held on

Surgery, Neurology, Gastroenterology / Hapatology, Cardiology, Mother and Child Health, Pain Management, Hypertension, Dentistry, Musculoskeletal disorders, Infectious Diseases, Nephrology, Diabetes, Ophthalmology, and free papers sessions (in which 12 doctors presented their papers).



HIGHLIGHTS - PIMA Convention

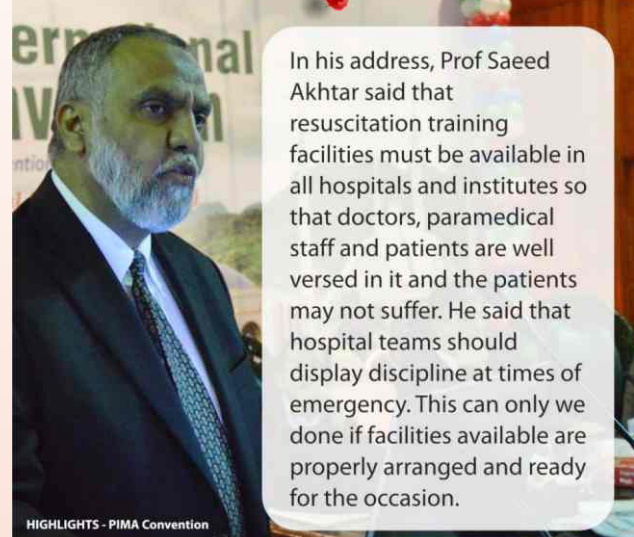
Dr Tanveer ul Hassan Zubairi introduced FIMA to the audience and outlined its activities. He said that FIMA member IMAs are present in 30 countries of the world. The organization was involved in medical research, medical education, relief camps and other activities. Such activities were being praised everywhere.



HIGHLIGHTS - PIMA Convention

The chairman of the 3rd session was Prof Najib ul Haq of Peshawar Medical College and chief speaker was Prof of Cardiology from Malaysia, Prof. Abdul Rashid Abdul Rehman. He spoke on 'Ibadah-friendly medical practice'.

“ He informed participants about the experience of the Islamic hospital consortium of Malaysia in this regard. He advised the doctors to make arrangements for Ibadah activities, especially salah, in their hospitals for patients, paramedical staff and fellow doctors so that patients attention is directed to the ultimate healer, Allah. ”



HIGHLIGHTS - PIMA Convention

In his address, Prof Saeed Akhtar said that resuscitation training facilities must be available in all hospitals and institutes so that doctors, paramedical staff and patients are well versed in it and the patients may not suffer. He said that hospital teams should display discipline at times of emergency. This can only be done if facilities available are properly arranged and ready for the occasion.

HIGHLIGHTS -
PIMA Convention



Kamal Abu Shamsi made the viewpoint that doctors give less time to their patients, at times neglecting them completely. He said this attitude must end because Islam lays stress on character in the light of which giving more time to patients is mandatory.

www.pima.org.pk

[PIMAofficial](#)



HIGHLIGHTS - PIMA Convention

At the end of the first day of the convention, a literary session was held, by Prof Anwar Masood and Prof Inam ul Haq Javed. The audience was enthralled by their lighter sided poetry.

www.pima.org.pk

[PIMAofficial](#)

During his speech, Prof Ishaq Masood said doctors should not only pay attention to the diseases of their patients but also understand their other problems. He also advised doctors that they should spend more time with their patients and satisfy them with regard to their health. He said that in addition to treating the patient, doctors should enlighten them spiritually. If they do so they will come closer to Allah. While speaking about salient feature of an Islamic hospital, he stressed that Islam has given a complete guide to the medical profession. In the light of this guidance doctors should strive harder to find out solutions to medical issues.



HIGHLIGHTS - PIMA Convention

www.pima.org.pk

[PIMAofficial](#)



HIGHLIGHTS - PIMA Convention

Federal minister Ahsan Iqbal inaugurated the **scientific exhibition** in which more than 40 pharmaceutical companies, book publishers and other organizations put up their stalls.

www.pima.org.pk

[PIMAofficial](#)



The chairman of the 4th plenary session was Prof Ijaz Khattak of Khyber Medical College.

Guest speaker on this occasion was president Islamic Hospital Consortium Malaysia, Prof. Ishaq Masood. He spoke on "The Concept and Implication of Islamic Hospital".

The other guest speaker was chief of Urology and Transplant at Shifa International Prof Saeed Akhtar. His topic was "Resuscitation Training in Pakistan" The Missing Link".

The president of Federation of Islamic Medical Associations (FIMA), Dr Tanveer ul Hassan Zubairi gave an introduction to FIMA and its activities.

Mr. Kamal Abu Shamsi, a Palestinian born Muslim-Chaplain working in the US, gave a speech on "Islamic Medical Ethics".

www.pima.org.pk

[PIMAofficial](#)



Prof. Sohail Akhtar

(Senior Pulmonologist)

Professor of Medicine, Ziauddin Hospital Karachi
elected as Central President

Pakistan Islamic Medical Association (PIMA)
for the session 2014-16

[PIMAofficial](#) pima.org.pk



31ST FIMA COUNCIL MEETING, FIMA-IMANA SMV SCIENTIFIC CONVENTION- 2014 ARUSHA-TANZANIA



Tanzania is one of the choicest destination for tourists from all over the world, who are keen to get closer to the natural beauty of jungles, wildlife and game reserves. It is home to Kilimanjaro, Africa's highest mountain, and is one of Africa's most popular safari destinations. The country also has dozens of beautiful white sandy beaches and many other attractions.

FIMA and IMANA is holding a joint meeting in Arusha-Tanzania this year in collaboration with our local host IMA; Sunshine Muslim Volunteers. Get ready for a very exciting and adventurous tour this summer.

Please mark the dates and rush for registration:

Arrival in Arusha on 06/08/2014

FIMA Pre-council Exco meeting: 06/08 at 19:30 (7:30pm)

FIMA Council meeting: 07/08 at 09:00-18:00

08/08 at 09:00-12:00

FIMA/IMANA Scientific Convention: 09-10/08 at Mt. Meru Hotel

Sight-seeing Safaris: 9-11/08 and during council meeting (spouses)

Depart Arusha: 11 or 12/08/2014

Venue for FIMA Council meeting :The East African All Suites Hotel (www.hotels.com or www.eastafricanhotel.com) . Bookings can be made directly with the hotel: Contact person: Brian Mshana: email:

bdc4@eastafricanhotel.com, mobile number: + 255 782 365337 or +255 717 487696. Fax: +255 272050074) Please quote "FIMA" as reference when making reservations (cc the same mail of booking to Dr. Juma Mwembie (drmwimbe@gmail.com). The following affordable rates apply (bed/breakfast):

Single room \$100/room

Double room \$120/room

Family rooms (4 beds) are available on request

Safari fee: \$ 160 per head

1. I would Appreciate all delegates who will book directly to the Hotel for accommodation to please send a copy to Us





so that we can be aware and for possible arrangement of transportation from the airport.

2. The transportation from the airport will be available but the Cost indicated is for a trip. so because most delegates will arrive separately I have put it a single entity for each delegate. If happen that you arrive together the cost will be divided to all of you.



The FIMA/IMANA Scientific Convention will be hosted at the Mt. Meru Hotel, 3.5km from East African All Suites (a shuttle is available between the 2 hotels).



Please Note: Accommodation at East Africa All Suites Hotel and airport transfers and tours are for the delegate's own account and bookings should be made directly with the respective hotels. Dr Mwimbe Juma and his team of dedicated volunteers are available to assist with any difficulties.



Dr. Ashraf Jedaar
(ajedaar@iafrica.com)
FIMA
+27836754103



Dr. Mwimbe Juma
(drmwimbe@gmail.com)
+255 68 863 6261
(also available on Whatsapp and viber)



9TH UMRAH CAMP 2014 ATTRACTS DELEGATES FROM ALL OVER THE WORLD



The 9th FIMA Umrah program took place during the spring vacations from 21st to 27th March 2014 under the auspices of IMA of Kingdom of Saudi Arabia, WAMY and FIMA (Federation of Islamic medical Associations).

A total number of 47 delegates from all over the world participated. The program took place in two venues, Makkah and Madinah el Mukaramah.

The Delegates from following countries attended, these included Saudi Arabia, Uganda, the UK, Iraq, Lebanon, Nigeria, Palestine, and Jordan.

The Program mainly consisted of free time from D'hur till Isha prayers to allow the delegates to visit the Holy Mosques to spend individual time in Ibadah.

The first and second day of the official program were spent in

Makkah, the third day was spent travelling and the fourth and fifth days were spent in Madinah, and the sixth day was spent returning to Makkah by bus. In Makkah the visits consisted of: Kiswah factory, Al-haram Museum, Alslamu Alayka Ayuha Alnabi project, and most of the hajj sites. In Makkah the nightly program consisted of an opening ceremony, a visit to the delegation committee in Makkah, and Dr. Ibrahim Alna'emi's speech. In



Committee of Haram Delegation (WAMY social activity), Makkah



Masjed Namirah, Makkah



Alharam Museum, Makkah



Kiswah Factory, Makkah



Kiswah Factory, Makkah



King Fahad Qura'an printing complex, Madinah

Madinah the delegates visited the King Fahad Qura'an printing complex, Mount Ahud, and many

other significant sites. It was a great experience resulting in spiritual strengthening, mutual

bonding and interaction amongst the Muslim medical students from all over the world.



Reception in Makkah al Mukaramah



Alsalamu alyka Ayuha Alnabi Project, Makkah



Jabal Alrumah (Archer's mountain), Madinah



Masjid Quba, Madinah



The final Ceremony, and giving of the certificates. Madinah

FIMA HIV-AIDS AWARENESS PROGRAM: UPDATE OF ACTIVITIES

New HIV/AIDS activities were conducted during February through May 2014 led by FIMA expert, Dr. Abdul Hameed Al-Qudah (Jordan) has been encouraging and widely acknowledged. A 3 day (certified) course on HIV/AIDS youth protection was held in Johannesburg and Durban, South Africa, in collaboration with: Muslim AIDS Program (MAP) and Islamic Relief-South Africa. The theme was "Protecting our youth from the consequences of Immorality". The participants were represented from all

religions and races. These included Welfare/social workers, religious leaders, doctors, healthcare professionals and teachers.

During March-April-May, 2014, several youth leader camps were



organized in Jordan, Tunisia and Malaysia. Since the inception of this FIMA project in 2005, more than 10,000 local community leaders have been trained to work voluntarily in their youth centers, schools, universities and mosques.



Headquarters: 101 West 22nd Street, Suite 106, Lombard, IL 60148, USA.
Phone: (630) 932-0000 Fax: (630) 930-0005

www.fimaweb.net

In the next issue of July 2014:- FIMA Relief Activities in Syria, President IMANA visit to Dakar, Senegal, News from Bangladesh & 31st FIMA Council Meeting Tanzania.